

Victory Over Death Mantra

Maha Mrityunjaya Mantra

Om Tryambakam Yajamahe
Sugandhim Pushti Vardhanam
Urvaru kamiva Bandhanan
Mrityor Mukshiya Mamritat

English Meaning of Maha Mrityunjaya Mantra

We worship the All-Seeing One (Lord Shiva)
Fragrant, He nourishes bounteously.
From fear of death may He set us free, to realize immortality. ~Swami
Satchidananda

Another Translation by Richard Miller, PhD.

We worship and adore the Supreme all-seeing One who
possesses the visionary inner eye
and the clarity of the deep blue sky.
May we be released peacefully from misperception and suffering
as the fragrant ripe fruit is released from the vine.
May we be freed from the notion of death, separation and misunderstanding.
May we understand that all is one.